# In Iron deficiency anemia...



# The milk friendly hematinic iron formula

## Iron Amino acid chelate<sup>1</sup>

- No interaction with calcium and zinc
- Can be taken with milk



# The iron amino acid bio complex with a difference<sup>1</sup>...

- Chelated iron bio-complex
- Absorbed intact with high bioavailability (90.9%)
- Significantly improves Hb levels in pregnant women
- Safe and well tolerated
- Can be given with calcium and milk



#### Refrences:

- **1.** Nutrition, 2001, 17: 381-84
- 2. http://www.who.int/elena/titles/daily\_iron\_pregnancy/en/



Rapid rise 28 days<sup>1</sup>

Hb 2.5gm/dl

Ferritin 74.6mcg/dl

**FER** 

# Elemental iron of 60 mg<sup>2</sup>



Daily oral elemental iron of 60 mg is recommended for pregnant women to prevent maternal anaemia, low birth weight, and preterm birth

# Superior to ferrous ascorbate<sup>1</sup>

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Higher bioabsorption as compared to ferrous ascorbate<sup>1</sup>

### **Bioavailability of Different Iron supplements**<sup>1</sup>

SALT/COMPLEX /CHELATE	ELEMENTAL IRON	BIO AVAILABLE IRON (%)	ABSORBED AMOUNT OF IRON
Ferrous Bis-glycinate	60 mg	91%	54.6 mg
Ferrous Ascorbate	100 mg	39.6%	39.6 mg
Ferrous Fumurate	100 mg	28%	28 mg

## Convenient once a day dosing

FERROUS BISGLYCINATE, ZINC BISGLYCINATE, FOLIC ACID AND METHYLCOBALAMIN TABLETS



10 x 10 Tablets

Fortified with

Zinc bisglycinate, folic acid and methylcobalamin